



STUDY PLAN for your Kaplan NCLEX-RN® Preparation

Welcome to Kaplan NCLEX® Prep! This is the recommended study plan for utilizing the robust Kaplan NCLEX® Prep resources. These resources are designed to give you plenty of realistic practice for success on NCLEX® Test Day. As you begin your preparation, please keep in mind that preparing for the NCLEX® is a marathon, not a sprint!

While you are utilizing the Kaplan NCLEX® Prep resources, it is important that you follow these steps: analyze, review/remediate, think, study, and continue practicing. Remediation is the key to your NCLEX® success.

Please note: All exam scores will display, and exams/resources **cannot** be reset.

Phase 1: Prior to Your Kaplan NCLEX® Review Course

Complete the following resources on your student home page.

***Please note: Directions in italics apply only to Institutional students who access their NCLEX® resources via their Kaplan Institutional home page.*

Date Completed

	Download the NCLEX-RN® Content Review Guide e-book . You can download it to any computer or e-reader.
	Watch the videos under Pathway to NCLEX® Success .
	Watch the Phase One Orientation video.
	Take the Diagnostic Test . <i>** If you are a Kaplan Institutional student, your school may proctor this exam This resource may be located in the Green Integrated Testing box. Your school may also choose to replace this exam with a different exam.</i>
	Take Question Trainer 1 . Review/remediate using the Test Reflection Worksheet before progressing to Question Trainer 2.
	Take Question Trainer 2 . Review/remediate using the Test Reflection Worksheet before progressing to Question Trainer 3.
	Take Question Trainer 3 . Review/remediate using the Test Reflection Worksheet .
	Watch the Essential Nursing Content Videos.
	Download the Classroom Posters . These will be referenced in the Review Course.

As you are completing tests, look at your **Analysis** page to see how you performed on each test. Aim for scores of 65% or higher. (*Institutional students: your school may require higher scores.*)

Use the **Essential Nursing Content Videos** and your **NCLEX-RN® Content Review Guide e-book** to fill in any knowledge gaps, working from your content area of greatest weakness toward your area of greatest strength.

Phase 2: Attend Your Kaplan NCLEX® Review Course

Kaplan’s review course consists of seven three-hour sessions led by one of our expert nurse educators. Your review will concentrate on helping you answer passing-level NCLEX® questions by utilizing your clinical judgment skills. This will help ensure your success on Test Day. The structure of the lectures is not content focused, but you will receive high-yield content tips while reviewing NCLEX®-style questions in class.

Pre-Class: Watch Phase Two Orientation Video and print Class Posters
Session 1: Class Start/Decision Tree
Session 2: Pharmacology/Reduction of Risk
Session 3: Reduction of Risk/Physiological Adaptation
Session 4: Physiological Adaptation/Basic Care & Comfort/Management of Care
Session 5: Management of Care/Safety and Infection Control
Session 6: Safety and Infection Control/HPM/Psychosocial
Session 7: RN Practice Test : 60-question NCLEX®-style test taken outside of class
Session 8: Roadmap for Success

Phase 3: After Attending the Kaplan NCLEX® Review Course

Date Completed

	Take Question Trainer 4 . Review/remediate Question Trainer 4 using the Test Reflection Worksheet before progressing to Question Trainer 5.
	Take Question Trainer 5 . Review/remediate Question Trainer 5 using the Test Reflection Worksheet before progressing to Question Trainer 6.
	Take Question Trainer 6 . Review/remediate Question Trainer 6 using the Test Reflection Worksheet .
	Qbank . Take 75-question Qbank exams following your study schedule. Review/remediate using the Test Reflection Worksheet .
	Take Qbank Sample Tests 1–4 . (Space these out in Phase 3, between other tests.) Review/remediate using the Test Reflection Worksheet for each Sample Test.
	Question Trainer 7 . Set aside time to take the test in one sitting, treating it as a mock NCLEX®. It consists of 265 questions (the maximum number of questions allowed on the NCLEX®) and can take several hours to complete. Take the test in a quiet, controlled, distraction-free environment to simulate conditions on Test Day. Review/remediate using the Test Reflection Worksheet before moving on to the Readiness Test .
	Readiness Test . Take this test approximately one week prior to your NCLEX® Test Day. It is a 180-question NCLEX®-style test. Take the test in a quiet, controlled, distraction-free environment to simulate conditions on Test Day. Review/remediate using the Test Reflection Worksheet .

Continue to look at your **Analysis** page to see how you performed on each of these tests, continue to complete the test reflection worksheet for each test, and continue to review/remediate **all** questions. For Question Trainers 4 and 5, aim for scores of 65% or higher. For Question Trainers 6 and 7, plus the Qbank, aim for scores of 60% or higher. (*Institutional students: your school may require higher scores on any of these resources.*)

Continue to use the **Content Lecture Videos** and your **NCLEX-RN® Content Review Guide e-book** to fill in knowledge gaps.

Complete all Question Trainers and Qbank questions and review/remediate all questions before you take the NCLEX®. The day before your test, rest your mind and exercise your body.

Additional Resources

The **Orientation**, **Decision Tree**, and **Class Questions videos** revisit information covered in the class sessions. Additional guidance on formulating your study plan leading up to your NCLEX® Test Date can be found in Session 8 of Phase Two and in Chapter 2 of the **NCLEX-RN® Content Review Guide e-book**. Please email NCLEX-Expert@kaplan.com for questions about how to critically think about a question. Please include the QID and/or a screenshot of the question. For all other inquiries, please email customer.care@kaplan.com or call us at 1-800-KAP-TEST.